

# Digestive Disease Consultants

## EGD Instructions

### EGD Preparation:

- Arrange a ride and have a responsible adult accompany you who will stay with you for the procedure. If you do not have a ride, we will have to cancel the procedure.
- Check with your insurance carrier regarding your financial responsibility for the ordered procedure.
- Make any needed arrangements to be off work or school on the day of the endoscopy. Please remember, by law, you cannot drive the rest of the day after the procedure.
- Read and familiarize yourself with the preparation instructions.
- Please call the office with any questions.
- No marijuana for 24 hours prior to the procedure.
- No hard candy or gum chewing for 8 hours prior to the procedure.
- No chewing tobacco for 8 hours prior to the procedure.
- If you receive hemodialysis or peritoneal dialysis, you **MUST** have a potassium (K+) level drawn within 24 hours of your procedure time.
- Nothing to eat/drink after midnight except your pills with a sip of water.

### MEDICATIONS:

- **Blood Thinners:**
  - If you are taking **Coumadin (warfarin)**, stop taking 3-5 days prior to the procedure based on your physician's recommendations.
  - If you are taking Plavix (clopidogrel), Effient (Prasugrel), or Brilinta (Ticagrelor), stop taking 5 days prior to the procedure based on your physician's recommendations.
  - If you are taking any other blood thinner (Pradaxa, Xarelto, Elaquis, Arixtra, Lovenox), follow the instructions given to you in the office.
  - You may **continue** aspirin (81 or 325mg) if needed for your heart.
- **If you are DIABETIC, follow these instructions:**
  - Monitor your blood sugar frequently.
  - Hold oral diabetic medications the day of the examination.
  - Hold all forms of insulin the day of the test until after the test is complete.
  - GLP Injectable Medications:
    - If you take **DAILY** injections: hold injection **DAY OF** procedure
    - If you take **WEEKLY** injections: hold injection for at least 1 **WEEK** prior to procedure.
    - Examples:
      - “Semaglutide” | Ozempic or Wegovy
      - “Dulaglutide” | Trulicity
      - “Exenatide” | Bydureon or BCise or Byetta
      - “Liraglutide” | Saxenda or Victoza
      - “Lixisenatide” | Adlyxin or Rybelsus
      - “Tirzepatide” | Mounjaro or Zepbound

- **Otherwise, please take all of your regularly scheduled medications including blood pressure medications, except oral diabetic medications and blood thinners as noted above.**

**If you have any questions please call our surgical scheduler Kathy (248) 858-3814.**